



## DVD Questions—Food Matters

### Chapter 1 – Wasting Precious Resources

1. How much food does your family waste each day? Each week? (Write a list for a week of everything that is wasted—you may be surprised!)
2. Why is food wasted in your family?
3. How could you and your family reduce the food waste?
4. Do you think people in poor countries waste food like we do here in Australia? Explain your answer.
5. What does the amount of food wasted in our culture say about our wealth?
6. What is poverty?
7. What are some different ways that poverty can be measured?
8. How is poverty relative to the place where people live?
9. Can people live in poverty, yet still be happy?
10. Do you think anyone would choose poverty?
11. Are most people in Australia too removed from severe poverty to really understand what it is all about?

### Chapter 2 – Causes of Hunger

1. What are some causes of hunger around the world?
2. Are causes of hunger in developing countries the same as in developed countries?
3. Think of some reasons that people in developed countries survive better than people in developing countries.
4. How does a society that has social services and financial support enable most people to live without hunger?
5. Research some of the causes of hunger listed in the DVD –
  - War
  - Famine, disaster, drought
  - Soaring food prices
  - Unreliable crops due to the effect of climate change
  - Overfishing
  - Trade rules that favour the rich

6. What do you think is the main reason that people find themselves in a poverty situation where they are hungry?
7. Is it easy to choose just one cause of poverty? Why/Why not?
8. What do you think about the equivalent of all the people in NSW and Western Australia (about 9 million people) every year dying of starvation?
9. How has the Global Financial Crisis added to the cause of hunger in the developing world and in the developed world?

### Chapter 3 – Results of Hunger

Consider your lives if you didn't have enough food to eat or never knew where your next meal was coming from...

Consider your life if you only had the same food to eat for every meal ... the same meal every day...

Imagine a life where you have one meal each day.

1. How does it feel when you think about others who live a very different life than you?





# Food Matters—ALWS Awareness Week 2012



2. What are the results of people living in hunger?
3. How does hunger impact families?
4. How does this impact on societies around the world?
5. How do you think not being able to provide food for families impacts on parents?

*“What I’m interested in seeing you do is:  
Sharing your food with the hungry  
Inviting in the homeless and poor into your  
homes...” Isaiah 58:6*

6. How should this verse challenge all people (especially Christians) to help reduce poverty and hunger?
7. Is this type of helping something that people can do in their own communities, no matter where they live in the world?

## Chapter 4 – ALWS Support

1. Why is it important for people in developing countries to have access to land to produce food crops?
2. Why is it so important that people are able to produce food all year round and year after year without damaging the land?
3. What are some positives for poor farmers when they are able to produce enough food to provide for their families?
4. What are the positives for poor farmers when they can grow surplus crops?
5. Grain banks are becoming more important for poor communities all over the world. What are the benefits for long-term sustainability of communities when grain banks are available to them to store grain?
6. Goats, pigs and chickens are often used in ‘animal banks’ in ALWS program areas. What are some of the benefits to the communities once these banks are set up?
7. Why is ALWS such a strong supporter of using local industry, products and labour? How does this help communities in the long run?
8. Long-term development work is challenging and immediate change is sometimes hard to see. Why does ALS see long-term development as an important focus?

## Chapter 5 – World Food Program

Research the United Nations World Food Program.

View the 2 minute video on Nutrition on their web page.

1. How important is it for governments around the world to work with the UN to fund the WFP to support the most needy people in the world?
2. Why is the WFP so important?
3. What would the world be like without the WFP?
4. How important is the WFP in refugee camps around the world?
5. Why is the WFP so essential in times of major natural disasters in developing countries?

## Chapter 6 – What Can I Do?

1. What can you do to make the world a better place?
2. What do you find challenging about the issues of ‘Food Matters’?
3. What are the issues that you feel are too hard to change?
4. How does it feel that through organisations like ALWS, you can join with other people from all around the world to impact some of the poorest and most needy people?

